

## National and Kapodistrian University of Athens

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Athens, 21/12/2018 Cert.Num: 1819-C00506

## **CERTIFICATE OF ANALYSIS**

Brand Name: FYLLIKON EXTRA VIRGIN Analysis Date: 20/12/2018

Origin: SPARTI LAKONIA GREECE

KORONEIKI

## **Chemical Analysis**

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Owner: Variety:

Oleocanthal	130	mg/Kg
Oleacein	69	mg/Kg
Oleocanthal + Oleacein (index D1)	199	mg/Kg
Ligstroside aglycon (monoaldehyde form)	28	mg/Kg
Oleuropein aglycon (monoaldehyde form)	41	mg/Kg
Ligstroside aglycon (dialdehyde form)	79	mg/Kg
Oleuropein aglycon (dialdehyde form)	46	mg/Kg
Total tyrosol derivatives	237	mg/Kg
Total hydroxytyrosol derivatives	156	mg/Kg
Total phenols analyzed	393	mg/Kg

SAKELLAROPOULOS ORGANIC FARMS

## Comments:

The daily consumption of 20 g of the analyzed olive oil provides 7.9 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47), pp 11696-11703, J.Agric. Food Chem., 2014 62 (3), 600-607 and OLIVAE, 2015, 122, 22-33.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

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